

# Summerlakes Sun

The Newsletter of the Summerlakes Homeowners Association

March 2014

*Summerlakes Homeowners' Association  
3 S 020 Continental Drive  
Warrenville, Illinois 60555*

## **BOARD OF DIRECTORS**

President	Debbie Lamberg
Vice-President	Robert Sickels
Treasurer	Dave Alder
Secretary	Jeanne Tassotto
Director	Greg Klopf
Director	Robert Olejarz
Director	Steve Morgan

## **Facility Hours**

(Fall/Winter)

Monday - Friday 9:00 AM - 9:00 PM

Saturday 11:00 AM - 5:00 PM

Sunday 11:00 AM - 5:00 PM

Clubhouse Phone: (630) 393-3033

Clubhouse Fax: (630) 393-3507

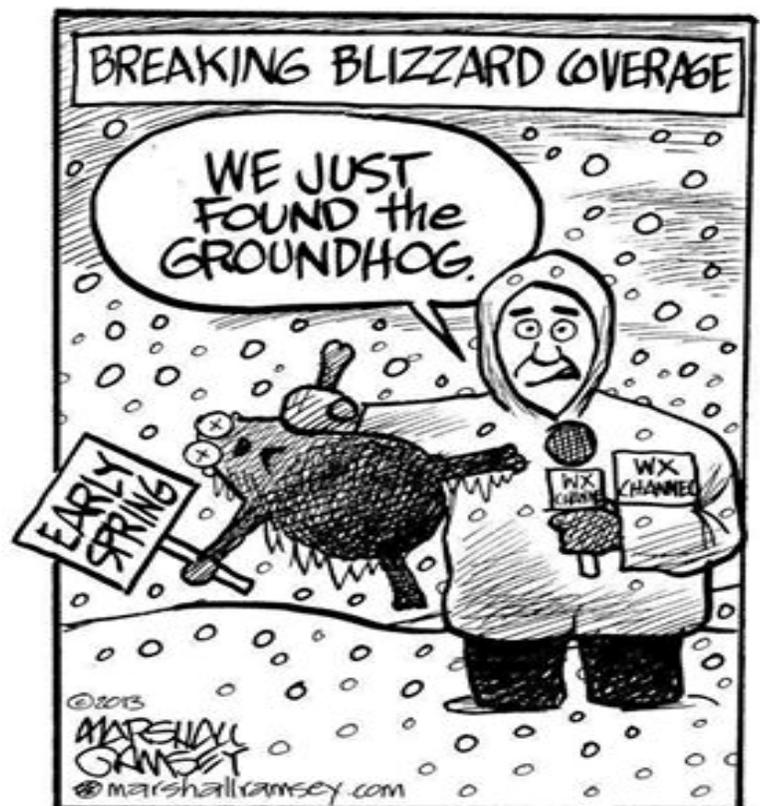
E-Mail: [summerlakes@summerlakeshomeowners.org](mailto:summerlakes@summerlakeshomeowners.org)

## **INSIDE THIS ISSUE**

PRESIDENT'S MESSAGE  
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EASTER EGG HUNT  
HEALTH TIPS

\*Published & Edited By Mickie Speedy  
[michele@summerlakeshomeowners.org](mailto:michele@summerlakeshomeowners.org)

Waste Management refuse stickers are  
available at the Clubhouse for  
\$3.09 per sticker





## **PRESIDENT'S MESSAGE**

Hello, everyone. This has been one long hard winter, but have a look at the calendar and you'll see that spring is finally right around the corner. I myself am hoping we have a real spring and that we don't just jump right to summer weather as we sometimes do.

The new storage building is progressing nicely. Our construction crew has used every brief break in the weather to try and make some progress. They even worked for a few hours before the Presidents Day snowstorm. Please be careful when entering the parking lot as there may be construction materials and vehicles just past the drive.

I am excited to report that the Board is doing a final review of the revised handbook and by-laws. We need to have them printed and then sent out to the homeowners. We are hoping that all residents have these in hand well before our April 10th board meeting on so that we may make the latest greatest versions official. Once you get these in your mailbox, please review. Then, if you have questions, please make sure to attend the April 10th meeting. We will try to address all questions before we vote on the updated documents.

I have some more exciting news – at the February meeting, the Board discussed allowing solo adult bathers admittance to the hot tub, and decision was to give it a try. We are still getting some paperwork in order for this, but very soon adults will be able to use the hot tub alone.

I am occasionally asked for an update on the Summerlakes sign, so I wanted to include a note about that in this message. The Board and Architectural Committee are still working on this project. We had tentatively planned to do the job in-house, but after assessing costs we are thinking that we might be better off contracting this out OR using a combination of contracted and in-house labor. We want to truly think this decision through so that we can use SHA money and resources most efficiently. Please feel free to attend an architectural committee meeting to participate in discussions about this and other maintenance matters. If you'd like to attend, please give Mickie a call for the date of an upcoming meeting.

On a personal note, I am sad to share news of the passing of Summerlakes resident & my brother David Nunn. Dave was excited to recently be able to move back to Warrentville and Summerlakes after having to live in another town for several months. He was an active member of Warrentville's ESDA service group and helped out at various Warrentville festivities. He will be missed.

Have a wonderful St. Patrick's Day and think spring!

~ Debbie Lamberg



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★  
★  If you have questions, complaints, concerns or compliments for the Board of Directors,  
★ they can be reached at [shaboard@summerlakeshomeowners.org](mailto:shaboard@summerlakeshomeowners.org)  
★  
★  
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**ARCHITECTURAL COMMITTEE NEWS**

According to the National Weather Service Spring begins March 1st, but this year it seems as though its arrival will be delayed. As soon as the weather cooperates work on the new garage will resume and will (hopefully) be completed by May. Little did we realize that we were facing a record breaking winter when we broke ground last Fall.

In addition to the garage construction delays we have had several furnace related problems this season, necessitating replacing a boiler to the hotub, thermostats in the Annex building, and a control board for the gym furnace. Hopefully this will be the end of both the bad weather and our bad luck for awhile.

We have a couple of other on-going projects as well. The first is the sign at the main entrance. It was not our intention to remain nameless this long but we ran into some issues concerning the old letters, and decided to investigate other improved solutions. The second continuing project is the updating of the handbook and bylaws. This is a big project that has been in the works for a couple of years and is finally nearing completion. These new documents will be mailed to all homeowners soon; please take a few minutes to look them over; there have been a few changes.

As soon as the weather breaks we, both as Board and Architectural Committee members, will be addressing various landscaping projects around the Clubhouse and other common areas. There is a lot of work to be done and we could certainly use some help. Maintaining Summerlakes benefits our community as a whole. To help keep our community looking its best we encourage homeowners to take a walk around their property once Spring finally gets here and address any maintenance issues that they see.

Jeanne Tassotto  
SHA Secretary  
AC Vice-Chair



**MEMBERS WANTED - ARCHITECTURAL COMMITTEE**

We are looking for more people to get involved on our Architectural Committee. No experience needed. Attend the meetings that you can-bring up ideas about the Clubhouse facility or about the look or upkeep of our subdivision as a whole. Have a say in how your dues are spent and have a positive influence on your community. If you are interested call Mickie at 630-393-3033 for details.



*Dr. Fouzia Muhammedkarim is a family practitioner at Prime Immediate and Primary Care. Certified by the American Board of Family Medicine and a Fellow of the American Academy of Family Practice, Dr. Fouzia Muhammedkarim has been practicing in Primary Care, Immediate Care, and Urgent Care for the past several years. Dr. Muhammedkarim believes "Primary care offers care that is personal, ongoing and comprehensive," and hence she enjoys taking care of patients of all ages and background, providing services to infants, children, adolescents and adults.*

## Basics About Diabetes

### What is diabetes?

Diabetes is a disease in which blood glucose levels are above normal. Most of the food we eat is turned into glucose, or sugar, for our bodies to use for energy. The pancreas, an organ that lies near the stomach, makes a hormone called insulin to help glucose get into the cells of our bodies. When you have diabetes, your body either doesn't make enough insulin or can't use its own insulin as well as it should. This causes sugar to build up in your blood.

Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations. Diabetes is the seventh leading cause of death in the United States.

For more information, see the National Diabetes Information Clearinghouse publication, [Your Guide to Diabetes: Type 1 and Type 2](#).

### What are the symptoms of diabetes?

People who think they might have diabetes must visit a physician for diagnosis. They might have SOME or NONE of the following symptoms:

- Frequent urination
- Excessive thirst
- Unexplained weight loss
- Extreme hunger
- Sudden vision changes
- Tingling or numbness in hands or feet
- Feeling very tired much of the time
- Very dry skin
- Sores that are slow to heal
- More infections than usual.

Nausea, vomiting, or stomach pains may accompany some of these symptoms in the abrupt onset of insulin-dependent diabetes, now called type 1 diabetes.

### Contributed by:

Prime Immediate and Primary Care

535 Fairway Drive, Suite 107

Naperville, IL 60563 Ph: 630-857-3967

# March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 <i>Ash Wednesday</i>	6	7	8
9 <i>Daylight Savings Time Begins</i>	10	11	12	13 <i>Board Meeting 7:00 pm</i>	14	15
16	17 <i>Happy St. Patrick's Day!</i>	18	19	20 <i>Spring Begins!</i>	21	22 <i>Rental 7-12</i>
23	24	25	26	27	28	29
30	31					

### Motions of Board of Directors Meeting February 13, 2013

**Motion:** To approve the January meeting minutes as written. All Ayes.

**Motion:** To approve the January financial reports as written. All Ayes.

**Motion:** To accept the amended bylaws as edited and approved by the attorney. All Ayes.

**Motion:** To allow solo bathing in the hot tub for ages 18 and older with a signed waiver. All Ayes.

**Motion:** To increase the party rental rates from \$125.00 to \$150.00, and \$190.00 to \$225.00. All Ayes.

**NEXT BOARD MEETING**  
March 13, 2014  
7:00 p.m.



### **SPRING FORWARD!**

*At 2:00 a.m. on Sunday March 9th, set your clocks an hour ahead to begin daylight savings time.*



### **Coming Next Month....**

**April 12th \*\*\*\* 10:00 a.m.\***

**Annual Easter Egg Hunt  
for kids ages 10  
and under.**



**Call the Clubhouse to sign up now!**

**\*Check the April newsletter for further details.**